



Daily Chef Specials

March 3rd - March 9th

Kitchen# 763-270-3487

SUNDAY 3/3

MONDAY 3/4

TUESDAY 3/5

WEDNESDAY 3/6

THURSDAY 3/7

FRIDAY 3/8

SATURDAY 3/9

BREAKFAST

Bacon and
Cheese
Quiche
Pastry
Fruit

Choice of
Egg's
Bacon or
Sausage
Hashbrowns
Pastry
Fruit

Waffles
Bacon
Scrambled
Egg's
Fruit

Sausage, Egg,
and Cheese
Croissant
Sandwich
Hashbrown
Fruit

Pancakes
Scrambled
Egg's
Sausage
Fruit

Chef's Choice
Omelet
Bacon
Pastry
Fruit

French Toast
Scrambled Egg's
Sausage
Fruit

LUNCH

Cracker Barrel
Meatloaf
Mashed
Potato
Gravy
Vegetable
French Silk Pie

Bow Tie Pasta
with Italian
Sausage,
Tomatoes &
Cream
Cheese Bread
Fruit
Tiramisu

Biscuit
Fried Chicken
Corn
Mashed Potato
Gravy
Strawberry
Rhubarb Crisp

Split Pea with
Ham Soup
B.L.T. Sandwich
Fruit
Chocolate Devil's
Food Cake

BBQ Bacon
Burger
Onion Rings
Pickle
Ice Cream Treat

Beer Battered
Cod
French Fries
Coleslaw
Lemon and
Tartar
Key Lime Pie

Chicken
Parmesan with
Pesto Cream
Penne Pasta
Breadstick
Vegetable
Spumoni Ice
Cream

DINNER

Boneless Wings
Ranch Dipping
Sauce
Celery and
Carrot Sticks
Grapes
Cookie

Vegetable Beef
Barley
Summer Sausage
and Cheddar
Sandwich
Pickle
Fudge

Chicken Tacos
Spanish Rice
Salsa & Sour
Cream
Churro's

Chili Dog
Tater Tot's
Fruit Salad
Pudding

Chicken Strips
Honey Mustard
Pasta Salad
Fruit
Peanut Butter
Corn Flake Bar

French Onion Soup
Grilled Cheese
Sun Chips
Jell-O

Riblet Basket
French Fries
Fruit
Cookie

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus

Lighter Side Specials

March 3rd - March 9th

Kitchen# 763-270-3487

SUNDAY 3/3

MONDAY 3/4

TUESDAY 3/5

WEDNESDAY 3/6

THURSDAY 3/7

FRIDAY 3/8

SATURDAY 3/9

BREAKFAST

Oatmeal
With Berries,
Honey and
Walnuts
Muffin
Yogurt
Fruit

Avocado
Toast
Scrambled
Egg's
Low Sodium
Bacon
Fruit

Cold Cereal
Muffin
Yogurt
Fruit

Scrambled
Egg's
Low Sodium
Bacon
Wheat Toast
Fruit

Oatmeal
With Raisins,
Brown Sugar
and Walnuts
Muffin
Yogurt
Fruit

Omelet
With Veggies
Cheese
Whole Grain
Toast
Low Sodium
Bacon
Fruit

Whole Wheat
French Toast
Topped with
Fruit
Low Sodium
Bacon

LUNCH

Cashew Chicken
Stir-Fry
Brown Rice
Fruit

Cheese Quesadilla
Tomato and
Iceberg Salad with
Onions and Ranch
Dressing

Tuna Melt
Sweet Potato
Chips
Fruit

Chef's Choice
Soup
Chicken Salad
Croissant
Fruit

California
Turkey Burger
with Avocado
Light Pasta
Salad
Fruit Garnish

Roast Chicken
with Garlic
Potatoes &
Glazed Carrots

Lemon Pepper
Cod
Sweet Potatoes
Vegetable

DINNER

Strawberry
Spinach Salad w/
Chicken,
Blue Cheese,
Candied Walnuts,
Raspberry
Vinaigrette

Chef's Choice
Soup
Egg Salad On
Wheat
Multigrain Chips

Shrimp Fajita
Bowl
With Beans, Rice
and Veggies
Salsa & Sour
Cream

Chicken Caesar
Salad
Wheat Bread
Stick
Fruit

Shrimp Fried Rice
Steamed Broccoli
Fruit

Chef's Choice
Soup
Turkey Deli
Sandwich
on Wheat
Multi Grain
Chips

Grilled
Steak and
Avocado Salad
with
Blue Cheese,
Tomatoes, and
Onions

Breakfast: 7:30 - 9:00am

Lunch: 11:30 - 12:30pm

Dinner: 4:30 - 5:30pm

Engel Haus