# GRILLED SANDWICHES

- Hamburger (add cheese or bacon)
- Chicken Breast (add cheese or bacon)
- Grilled Cheese
- Ham and Swiss
- Turkey and Provolone

DELI SANDWICHES

• Ham, Turkey, Club,

**BLT or Egg Salad** 

Peanut Butter & Jelly

Served with chips, bistro fries or fresh fruit

(Fritos or Potato chips)

#### FRIED

- Chicken Tenders New England Cod Loin
- Coconut Shrimp
  Onion Rings
  Tater Tots
  - Jo Jo Potatoes
    French Fries

### HOME STYLE

- Pork Chop, Baked Potato & vegetables
- Chicken Pot Pie with vegetables
- Hot Dog

## SOUPS

• Soup of the Day, Chicken Noodle or Tomato

low sodium available

#### SALADS

- Garden or Caesar (add grilled chicken or tenders)
- Chef Salad
- Chicken Tender Salad

Served with a Breadstick

## BEVERAGES

- Regular and Decaf Coffee
- Hot Black Tea
- · Hot Chocolate
- Low Sugar Strawberry Kiwi Refresher
- Lemonade
- Orange Juice, Grape Juice, Prune Juice, Apple Juice, Cranberry Juice

\*Be Sure to let kitchen know ahead of meal time of alternate menu orders



### COLD CEREAL

 Raisin Bran, Honey Nut Cheerios, Rice Krispies or Cinnamon Toast Crunch

### HOT CEREAL

• Cream of Wheat or Oatmeal with raisins & brown sugar

#### FRESH FRUIT

- Seasonal fruit plate
- Fruit with Cottage Cheese
- Fruit with Assorted Flavor Yogurts

#### BREAKFAST MEATS

Sausage, Thick Cut Bacon or Ham

### BREAD & BAKED SWEETS

- White, Wheat or Cinnamon Raisin Toast
- English Muffin
- Caramel Roll or Cinnamon Roll

#### EGGS with toast & hashbrowns

- Scrambled, Fried, Over Hard,
  Over Easy or Hard Boiled
- Ham and Cheese Omelet

### FAVORITES

- Breakfast Sandwich with fried egg & cheddar
  You choose bread & meat, served with hashbrowns
- Two Pancakes or Two French Toast with side of breakfast meat

