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| ***February***  **Journey Suites Activity Calendar** |  |

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | **10:30 Daily Chronicles & Devotions**  **12:00 Manicures**  **2:00 Craft Time**  **3:00 Social Hour**  **5:00 Short Stories** | **10:00 Daily Chronicles &**  **Devotions**  **10:30 Exercise**  **2:00 Music by: Tara B (Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:30 Daily Chronicles & Devotions**  **12:00 Bingo**  **2:00 Social Hour**  **3:00 1:1 Time**  **5:00 Puzzles** |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| **10:00 Worship Sing Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Daily Chronicles & Devotions**  **10:30 Exercise**  **12:00 Bingo**  **2:00 Social Hour**  **5:00 Creative Time** | **10:30 Daily Chronicles & Devotions**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **2:00 Social Hour**  **3:30 Music Therapy**  **5:30 Pet Therapy with Jill** | **9:00- Eldergrow**  **10:30 Daily Chronicles & Devotions**  **12:00 Trivia Time**  **2:00 Sue’s Birthday Party**  **5:00 Pray the Rosary** | **10:30 Daily Chronicles & Devotions**  **12:00 Manicures**  **2:00 History Speaker (Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:00 Daily Chronicles &**  **Devotions**  **10:30 Exercise**  **2:00 Music by: Mark Flora (Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:30 Daily Chronicles & Devotions**  **12:00 - Bingo**  **2:00 Social Hour**  **5:00 Puzzles** |
| 11 | 12 | 13 | Valentines Day 14 | 15 | 16 | 17 |
| **10:00 Worship Sing Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Daily Chronicles &**  **Devotions**  **10:30 Exercise**  **2:00 Social Hour**  **5:00 Creative Time** | **10:30 Daily Chronicles & Devotions**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **2:00 Social Hour**  **3:30 Music Therapy**  **5:30 Pet Therapy with Jill** | **10:00 – Decorating Valentines Cookies**  **1:30 Daily Chronicles &**  **Devotions**  **2:00 Valentine Social (Chapel)**  **5:00 Pray the Rosary** | **10:00 Elk River Lutheran Church**  **Service (Chapel)**  **10:30 Daily Chronicles & Devotions**  **12:00 Manicures**  **2:00 Craft Time**  **3:00 Social Hour** | **10:00 Daily Chronicles &**  **Devotions**  **10:30 Exercise**  **2:00 Birthday Party & Music by: Don S**  **(Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:30 Daily Chronicles & Devotions**  **12:00 Bingo**  **2:00 Social Hour**  **3:00 1:1 Time**  **5:00 Puzzles** |
| 18 | Presidents Day 19 | 20 | 21 | 22 | 23 | 24 |
| **10:00 Worship Sing Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Daily Chronicles & Devotions**  **12:30 –Coloring**  **2:00 Social Hour** | **10:30 Daily Chronicles & Devotions**  **11:00 -1:00 Flo & Jerry 70th Anniversary**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **3:30 Music Therapy**  **2:00 Social Hour**  **5:30 Pet Therapy with Jill** | **9:00 - Eldergrow**  **10:00 Songs of Hope**  **10:30 Daily Chronicles & Devotions**  **12:00 Fun with Food**  **1:00 Reminiscing**  **2:00 Ice Cream Outing**  **5:00 Pray the Rosary** | **10:30 Daily Chronicles & Devotions**  **12:00 Manicures**  **2:00 Creative Coloring**  **3:00 Social Hour**  **5:00 Short Stories** | **10:00 Daily Chronicles & Devotions**  **10:30 Exercise**  **2:00 Music by: Roy Holdren**  **(Chapel)**  **3:00 Social Hour**  **5:00 Creative Time** | **10:30 Daily Chronicles & Devotions**  **12:00 Bingo**  **2:00 Social Hour**  **3:00 1:1 Time**  **5:00 Puzzles** |
| 25 | **26** | 27 | 28 | 29 |  |  |
| **10:00 Worship Sing Along**  **10:30 Daily Chronicles &**  **Devotions**  **2:00 Social Hour** | **10:00 Daily Chronicles & Devotions**  **10:30 Exercise**  **12:00 Bingo**  **2:00 Social Hour**  **5:00 Creative Time** | **10:30 Daily Chronicles & Devotions**  **1:00 Worship Service**  **1:45 Cardio Drumming**  **2:00 Social Hour**  **3:30 Music Therapy**  **5:30 Pet Therapy with Jill** | **10:30 Daily Chronicles & Devotions**  **12:00 Fun with Food**  **2:00 Social Hour**  **5:00 Pray the Rosary** | **10:30 Daily Chronicles & Devotions**  **12:00 Manicures**  **2:00 Craft Time**  **3:00 Social Hour**  **5:00 Short Stories** |  |  |
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