

LIGHTER SIDE SPECIAL'S

March 26th - April 1st

Dining Room Hours

Breakfast: 7:30 AM-9:00 AM Lunch: 11:30 AM-12:30 PM

Supper: 4:30 PM-5:30 PM

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Sunday 3/26	Monday 3/27	Tuesday 3/28	Wednesday 3/29	Thursday 3/30	Friday 3/31	Saturday 4/1	
Egg Sandwich with	Fresh Muffins	Avacado Toast	Oatmeal with	Egg's in a Pepper	Cold Cereal	Veggie Cheese	
Turkey Sausage,	Cream of Wheat	w/ Egg's	Walnuts	Turkey Sausage	Milk	Omelet	
Cheese, on Whole	Hard Boiled Egg	Turkey Sausage	Fresh Fruit	Yogurt	Hard Boiled Egg	W/ Turkey Sausage	
Grain Toast	Fresh Fruit	Fruit	Yogurt	Fruit	Fresh Fruit	Whole Grain Toast	
Sweet Potato Hash			Muffin		Muffin	Fruit	
Fruit					_		
LUNCH							

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Baked Lemon-Herb	Grilled Chicken	Beef Stir Fry	Chefs Choice Soup	Grilled Chicken	Lemon-Garlic Broiled	Mixed Green Salad
Salmon	Breast with Apricot	Brown Rice Pilaf	Grilled Ham and	Burger	Shrimp	Chicken, Bacon, Egg,
Roasted Sweet	Glaze	Fruit	Cheese on Whole	Lettuce, Tomato,	Rice Pilaf	Blue Cheese
Potatoes	Steamed Rice		Grain Bread	Light Mayo	Vegetable	Balsamic Dressing
Vegetable	Vegetables		Fruit	Sun Chips		Breadstick
				Fruit		



SUPPER

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Strawberry Spinach	Chef's Choice Soup	Vegetable Pasta	Fish Sandwich	Small Chef Salad	Chef's Choice Soup	BLT sandwich
Salad	Ham and Swiss on	Primavera	Lettuce, and Tartar	Breadstick	Turkey Deli Sandwich	Sweet Potato Fries
Blue Cheese	Wheat with Lettuce,	Breadstick	Sauce	Cottage Cheese	Lettuce, Tomato and	Fruit Garnish
Candied Walnuts	Tomato, and Light		Sweet Potato Fries		light mayo on Wheat	
Balsamic Vinaigrette	Mayonnaise				Multi Grain Chips	
	Fruit					



MENU SUBJECT TO CHANGE

Kitchen Number: 763-270-3487

