



LIGHTER SIDE SPECIAL'S

March 12th - March 18th

Dining Room Hours
Breakfast: 7:30 AM-9:00 AM
Lunch: 11:30 AM-12:30 PM
Supper: 4:30 PM-5:30 PM

BREAKFAST

| Sunday 3/12 | Monday 3/13 | Tuesday 3/14 | Wednesday 3/15 | Thursday 3/16 | Friday 3/17 | Saturday 3/18 |
|--|--|---|---|--|---|--|
| Egg Scramble with Vegetables Whole Grain Toast Turkey Sausage Fruit | Fresh Muffins Hard Boiled Egg Bacon Yogurt Berries | Egg Bake with Potatoes, Vegetables and Cheese Whole Grain Toast Fruit | Oatmeal with Walnuts Fresh Fruit Yogurt Muffin | Muffin Egg Scramble with Vegetables and Turkey Sausage Fresh Fruit | Cold Cereal Milk Hard Boiled Egg Fresh Fruit Muffin | Omelet W/ Turkey Sausage, Veggies, And Cheese Whole Grain Toast Fruit |



LUNCH

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| Tuna Melt on Whole Grain Bread Side Salad w/ Light Ranch Dressing | Grilled Chicken Sandwich Sweet Potato Fries Fruit | Turkey, Bacon, Ranch, and Spinach Wrap Whole Grain Chips Fruit | Chefs Choice Soup BLT on Whole Wheat Fresh Fruit | Turkey Rueben Sweet Potato Fries Fruit Garnish | Baked Cod Sweet Potato Fries Carrots Lemon and Tartar | Chicken Caesar Salad Breadstick Fruit |
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SUPPER

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| Spring Greens with Bacon, Eggs, and Cheese Wheat Breadstick Light Ranch Dressing | Chefs Choice Soup Turkey Salad Sandwich on Croissant | Grilled Chicken Sandwich Sweet Potato Fries Fruit | Steamed Shrimp Brown Rice Vegetables | Spring Greens with Bacon, Eggs, and Cheese Wheat Breadstick Light Ranch Dressing | Chefs Choice Soup Deli Turkey and Cheese Sandwich Lettuce, Tomato with Light Mayonnaise Sweet Potato Chips | Roast Chicken with Garlic Potatoes & Steamed Vegetables |
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MENU SUBJECT TO CHANGE

Kitchen Number: 763-270-3487

