



# Daily Chef Specials

**April 21st - April 27th**

**Kitchen# 763-270-3487**

SUNDAY 4/21

MONDAY 4/22

TUESDAY 4/23

WEDNESDAY 4/24

THURSDAY 4/25

FRIDAY 4/26

SATURDAY 4/27

## BREAKFAST

Cinnamon Roll  
Scrambled  
Eggs  
Bacon  
Fruit

Choice of Egg's  
Bacon or  
Sausage  
Hashbrown's  
Pastry  
Fruit

Waffles  
Bacon  
Scrambled  
Egg's  
Fruit

Egg's Benedict  
Breakfast  
Potatoes  
Fruit

Pancakes  
Scrambled  
Egg's  
Sausage  
Fruit

Chef's Choice  
Omelet  
Bacon  
Pastry  
Fruit

French Toast  
Scrambled  
Egg's  
Sausage  
Fruit

## LUNCH

Dinner Roll  
Beef Tip's in  
Gravy  
over Mashed  
Potatoes  
Vegetable  
Mixed Fruit  
Cobbler

Herb Breaded  
Turkey Cutlet  
with Supreme  
Sauce  
Roasted  
Potatoes  
Vegetable  
Spice Cake

Dinner Roll  
Braised Pork  
Chops  
Mashed  
Potatoes  
Gravy  
Vegetable  
Peanut Butter  
Cheesecake

Kale and Sausage  
Potato Soup  
Italian Sub  
Sandwich  
Fruit  
Blueberry Pie

BBQ Bacon and  
Gouda Burger  
Potato Salad  
Fruit  
Ice Cream Treat

Beer Battered  
Cod  
Tartar and  
Lemon  
French Fries  
Coleslaw  
French Silk Pie

Garlic Bread  
Chicken  
Parmesan  
With Pasta  
Marinara  
Vegetables  
Tiramisu

## DINNER

Chicken Tenders  
Potato Wedges  
Fruit Garnish  
Rice Crispy Treat

Minestrone  
Chicken Salad with  
Grapes and  
Pecans on White  
Bread  
Fruit  
Pudding

Beef  
Taco's  
Spanish Rice  
Sour Cream and  
Salsa  
Churro

Hawaiian Ham  
Sliders  
Macaroni Salad  
Fresh Pineapple  
Cookie

Crispy Chicken  
Wings  
Mashed Potato  
Gravy  
Fruit  
Desert Bar

Creamy Tomato  
Soup w/  
Grilled Cheese and  
Bacon Melt  
Fruit  
Brownie

BBQ Pulled  
Pork  
Tater Tot's  
Pickle  
Jell-O

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*

# Lighter Side Specials

**April 21st - April 27th**

**Kitchen# 763-270-3487**

SUNDAY 4/21

MONDAY 4/22

TUESDAY 4/23

WEDNESDAY 4/24

THURSDAY 4/25

FRIDAY 4/26

SATURDAY 4/27

## BREAKFAST

Oatmeal  
With Berries,  
Honey and  
Walnuts  
Muffin  
Yogurt  
Fruit

Avocado  
Toast  
Scrambled  
Egg's  
Low Sodium  
Bacon  
Fruit

Cold Cereal  
Muffin  
Yogurt  
Fruit

Scrambled  
Egg's  
Low Sodium  
Bacon  
Wheat Toast  
Fruit

Oatmeal  
With Raisins,  
Brown Sugar  
and Walnuts  
Muffin  
Yogurt  
Fruit

Omelet  
With Veggies  
Cheese  
Whole Grain  
Toast  
Low Sodium  
Bacon  
Fruit

Whole Wheat  
French Toast  
Topped with  
Fruit  
Low Sodium  
Bacon

## LUNCH

Garlic  
Broiled Shrimp  
Garden Rice Pilaf  
Vegetable

Pepper Steak  
over Brown Rice  
Fruit

Baked Salmon  
With  
Hollandaise  
Sauce  
Roasted Sweet  
Potatoes  
Vegetable

Chefs Choice  
Soup  
Tuna Melt on  
Wheat  
Fruit

Chicken Breast  
Sandwich  
With Lettuce,  
Tomato, Light  
Mayonnaise  
Sweet Potato  
Fries

Teriyaki Glazed  
Grilled  
Chicken and  
Vegetable  
Brown Rice  
Bowl

Egg Salad  
Croissant  
Multigrain Chips  
Fruit

## DINNER

Spinach  
and Berry Salad  
Candied  
Walnuts  
Chopped Bacon  
Poppy Seed  
Dressing

Chefs Choice  
Soup  
Ham and Swiss  
on Wheat with  
Lettuce, Tomato,  
and Light  
Mayonnaise  
Fruit

Chicken Fajita  
Salad  
Avocado Ranch  
Dressing

Lemon Herb  
Baked Cod  
Sweet Potato  
Vegetable

Cobb Salad  
Breadstick  
Light Ranch  
Dressing

Chefs Choice  
Soup  
Italian Tomato  
and Mozzarella  
Melt  
Fruit

Bacon, Lettuce,  
Tomato Sandwich  
Multigrain Chips  
Fruit

**Breakfast: 7:30 - 9:00am**

**Lunch: 11:30 - 12:30pm**

**Dinner: 4:30 - 5:30pm**

*Engel Haus*