

## LIGHTER SIDE SPECIAL'S

## **April 2nd- April 8th**

**Dining Room Hours** 

Breakfast: 7:30 AM-9:00 AM Lunch: 11:30 AM-12:30 PM

Supper: 4:30 PM-5:30 PM

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Sunday 4/2	Monday 4/3	Tuesday 4/4	Wednesday 4/5	Thursday 4/6	Friday 4/7	Saturday 4/8
Egg Scramble with	Fresh Muffins	Avacado Spread on	Oatmeal with	Muffin	Cold Cereal	Egg Omelet
Vegetables	Cream of Wheat	Whole Grain Toast	Walnuts	Egg Scramble	Milk	W/ Turkey Sausage,
Whole Grain Toast	Hard Boiled Egg	w/Eggs	Fresh Fruit	Turkey Sausage	Hard Boiled Egg	Veggies, And Cheese
Turkey Sausage	Fresh Fruit	Turkey Sausage	Yogurt	Fresh Fruit	Fresh Fruit	Whole Grain Toast
Fruit		Yogurt	Muffin		Muffin	Fruit
		Fruit				

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## LUNCH

Brown Rice Bowl	Honey Garlic Salmon	Chefs Choice Soup	California Turkey	Lemon Pepper Baked	Turkey Club Ranch
Topped with Sesame	Quinoa & Steamed	Egg Salad on Wheat	Burger	Cod	Wrap
Chicken	Broccoli	Fruit	Sweet Potato Fries	Baked Potato	Pasta Salad
Vegetables			Fruit	Vegetable	
	Topped with Sesame Chicken	Topped with Sesame Quinoa & Steamed Chicken Broccoli	Topped with Sesame Quinoa & Steamed Egg Salad on Wheat Chicken Broccoli Fruit	Topped with Sesame Quinoa & Steamed Egg Salad on Wheat Burger Chicken Broccoli Fruit Sweet Potato Fries	Topped with Sesame Quinoa & Steamed Egg Salad on Wheat Burger Cod Chicken Broccoli Fruit Sweet Potato Fries Baked Potato

## **SUPPER**

			JOFFLIX			
Turkey And Cheese	Chefs Choice Soup	Shrimp Taco's	Baked Potato topped	Turkey Bolognese	Chefs Choice Soup	Chicken Caesar Salad
Sandwich on Whole	Tuna Salad on Wheat	Fresh Salsa	with Cheese, and	with Penne	BLT on Wheat	Breadstick
Grain Bread, Lettuce,	Fruit	Avocado	Bacon	Wheat Breadstick	Fruit	Fruit
Tomato, and Light		Sweet Potato Tortilla	Broccoli			
Mayonnaise		Chips	Sour Cream			
Fruit		Fruit				

MENU SUBJECT TO CHANGE

Kitchen Number: 763-270-3487

